

CPR Class 2009



CITY OF BRIGHTON—OFFICE OF EMERGENCY MANAGEMENT

Office of Emergency Management (OEM) provides planning, training, exercises, and educational outreach programs related to natural and man-made disasters to assist and prepare citizens, government agencies, and private/non-profit organizations prior to, during, and after a local emergency or disaster.

The City of Brighton is hosting a CPR class for the North Central Region (NCR) Citizen Corps Council. All course materials and course instructors are provided FREE through Homeland Security Funding.



LEARN CPR — Cardiopulmonary resuscitation, or CPR, is an emergency procedure performed on people suffering cardiac arrest. The purpose of CPR is to provide a continuous flow of oxygen to the lungs and brain until the person regains consciousness. The human brain can only survive an average of five minutes without oxygen, after which time permanent damage is done. By performing CPR on a victim, the rescuer is upping the chances for a full recovery. However, it is important to remember that CPR alone is rarely enough for a person to survive. The true purpose of CPR is to keep the heart pumping and the oxygen flowing until emergency care arrives.

\$4.00 per participant for certification card
SEATING IS LIMITED to 15, PLEASE REGISTER EARLY

Saturday, April 4, 2009
9am—1pm

To Register, please contact:
Rebecca Martinez
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Class held at:
Brighton Police Department
3401 E. Bromley Lane
Brighton, CO 80601

American Heart Association 
Learn and Live.



3401 E. Bromley Lane, Brighton, CO 80601— 303.655.2300—303.659.6961 fax— www.brightonco.gov

